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Thai Massage Workbook: For Basic, Intermediate, And Advanced Courses





Synopsis

A companion volume to the Encyclopedia of Thai Massage, this interactive teaching tool provides an overview of the basic course for classic Thai massage routines. Instructors who have had to create their own study guides will welcome this time-saving accessory, and students will appreciate the thoughtful design that allows room for taking notes, as well as links to images and pages in the original text. Updated with new content and a revamped layout, this handy reference also includes alternate steps from advanced courses as well as a section on Sen lines.

Book Information

Paperback: 192 pages Publisher: Findhorn Press; 2 edition (December 1, 2011) Language: English ISBN-10: 1844095649 ISBN-13: 978-1844095643 Product Dimensions: 7.6 x 0.5 x 8.9 inches Shipping Weight: 12.8 ounces (View shipping rates and policies) Average Customer Review: 4.6 out of 5 stars Â See all reviews (17 customer reviews) Best Sellers Rank: #268,581 in Books (See Top 100 in Books) #43 in Books > Education & Teaching > Schools & Teaching > Instruction Methods > Health #164 in Books > Health, Fitness & Dieting > Alternative Medicine > Acupuncture & Acupressure #238 in Books > Health, Fitness & Dieting > Alternative Medicine > Massage

Customer Reviews

I was introduced to this book by an advanced practioner and had a feeling it would be good. Well it is better than good and clarifies a lot of fine points that are so important to a Thai therapist. Although it is really helpful for someone with formal training it is so well written and complete it is a very valuable resource for any person on a mission to become a Thai Massage Therapist. I would say this book is a must have!The workbook is blank verbally (same pics as the Encyclopedia)!!!!!!!!!!! so you must have the Encyclopedia to go along with it.

This workbook is a clear and concise practice book for the traditional Thai massage. It is an invaluable tool for both teachers and practitioners. I am a certified instructor in Thai massage and this will be used in my upcoming courses.

After having spent time in Thailand and falling in love with the massage there, this book has made me so happy! It is simple and straightforward. It is simply a series of photos of each motion, with a short (sentence or two) explanation of each movement itself. If you are looking for detailed explanations of Sen lines, the theory behind the massage, or massage's ties to religion, you are looking at the wrong book. This book is simply practical. It shows you how to give a great Thai massage, focusing on the basic motions you take.Highly recommended if you are simply interested in getting your feet wet and don't want to pay for all the deeper background meaning & theory behind it. We've loved it - Have fun!

Great book a must with the DVD by same author. This is basically a blank...pictures only... No writing copy of the Thai massage encyclopedia by Dr C Pierce Salguero who is the director of the Thai Institute of Healing Art in Thailand. I just watched the dvd and filled up the blank space with my hand written personal note. A good learning complement for greater understanding.

This Thai Massage Workbook was helpful to study before and after Thai Massage class to get yet another visual of the poses.Client & therapist shown in this workbook are small individuals. Would like to see various poses specific to large client small practitioner.

I am a licensed massage therapist and went to a Thai seminar a few years ago and wanted to review some techniques. Apparently my teacher used this book, it was pretty much exactly what I learned, with a couple of new moves. Very helpful!

I'm a licensed massage therapist. i purchased this book to learn more about thai massage with hoped to incorporate some techniques in my "table massage" practice. I would have benefited from a quiz or review after each section as a lot of covered in each section. but overall it's a great resource that i reference two years after purchasing.

The workbook is a companion to the Encyclopedia of Thai Massage. It came quickly and I have not hada chance to read it but looking through the pictures and illustrations I believe I will be successful in learningmore about the Massage techniques.

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